

# Building confidence in God - block by block.



## MEMORY VERSE

"But those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."  
Isaiah 40:31 NIV

## Talk About the Bible Story

Open the Bible together and read Jonah 1-3 or watch the video together on the Parent Cue app.

## Engagement Questions

- Why do you think it was hard for Jonah to trust that God's plan was the best?
- What's a situation you might face where choosing God's best might feel challenging, even though you know it's right?
- God truly knows what is best for you, how can that truth help you when you feel worried or unsure about what to do next?

## Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



## Prayer

"Dear God, We trust You. You have the best plans. This week we choose to walk in your good plans. As you continue to guide us, we will obey You. We love You so much, and we pray these things in Jesus' name. Amen."

Weekly Parent Cues →

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## Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, share with them a time when you saw them make a decision that honored God.



### Meal Time

At a meal this week, have everyone at the table answer this question: "What keeps people from doing what's best?"



### Drive Time

While on the go, ask your kid: "Who are some people you know who seem to make good choices?"



### Bed Time

Pray for each other: "God, we trust You to know what is best for us and others. May we not only trust You with our words, but with our actions."

More Ways to  
Engage with  
Your Kid

Faith &  
Character  
Activities



Worship Song  
of the Month



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